

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am-10:00am QuickStart - The Beacon School					3:00pm-4:00pm QuickStart	9:00am-10:00am QuickStart - The Beacon School
10:00am-11:00am QuickStart - The Beacon School	3:00pm-4:00pm QuickStart				3:00pm-4:00pm Junior Development	10:00am-11:00am QuickStart - The Beacon School
11:00am-12:00pm QuickStart - The Beacon School	3:00pm-4:00pm Junior Development				4:00pm-5:00pm QuickStart	11:00am-12:00pm QuickStart - The Beacon School
1:00pm-3:00pm QuickStart - Play More/ Athletic Zone Columbia Prep	4:00pm-5:00pm QuickStart		3:30pm-4:30pm QuickStart		4:00pm-5:00pm Junior Development	9:00am-12:00pm QuickStart - Play More/ Athletic Zone The Beacon School
	4:00pm-5:00pm Junior Development		4:00pm-6:00pm Junior Development		5:00pm-6:00pm QuickStart	
	5:00pm-6:00pm QuickStart		4:30pm-6:00pm Junior Development		5:00pm-6:00pm Junior Development	
	5:00pm-6:00pm Junior Development				6:00pm-8:00pm Junior Development Match Play at Roosevelt Island Racquet Club	

Advantage QuickStart

Players ages 3 and up learn to serve, rally and play “real tennis.” Age-appropriate courts, racquets and balls make the game accessible—and fun from day one!

Even better, there are lots of opportunities for QuickStart players to get in the game outside of class. As you’ll see at right, your child will have unlimited access to practice sessions – as well as special training in strength, agility and more.

Advantage Play More for QuickStart Players

Girls and boys hone their ability to rally the ball and play low-pressure, competitive games in a fun environment. We encourage parents to participate and be a positive influence on the court.

QuickStart players receive a free Season Pass.

UNLIMITED PLAY – come as many times as you want!

Advantage Athletic Zone for QuickStart Players

Improving athletic skills is crucial to a child’s development as a tennis player. Level- and age-appropriate exercises and drills help players improving balance, agility, coordination, footwork, speed and strength.

QuickStart players receive a free Season Pass.

UNLIMITED PLAY – come as many times as you want!

Advantage Junior Development

Players ages 7 and older love this progressive curriculum that offers group lessons, team play, tournaments and special events!

Through this combination of activities, girls and boys hone their stroke techniques, develop basic footwork/conditioning, and move into point/match play. It adds up to a well-rounded experience for your child that builds skill, confidence and a life-long enjoyment of tennis.

For all Junior Programs, contact Gabe Slotnick at 212.594.0554.